

Resultados

Número	Nome	Distância	Clube	Peso	Cat.	Drag	Parcial Médio	Voga Média	Média Watts	Resultado Final
503	Tiago Silva	5000	Praia Mira	84.6	JM	122	01:39.3	29	357	16:33.7
1851	João Veríssimo	5000	Praia Mira	80.0	JM	120	01:43.8	28	312	17:18.9
659	Eduardo Gonçalves	5000	Caminhense	77.6	JM	110	01:44.0	29	308	17:23.7
2690	André Pinto	5000	VR Lima	89.0	JUV	110	01:44.4	28	307	17:24.3
2674	Tomás Barreto	5000	Fluvial	66.5	JM	130	01:44.5	27	306	17:25.8
3411	Francisco Santos	5000	Sport CP	79.2	JM	110	01:44.6	27	305	17:26.4
157	André Quesado	5000	VR Lima	80.2	JUV	110	01:45.3	25	300	17:33.0
3714	Marcos Costa	5000	VR Lima	78.7	JM	110	01:45.7	29	296	17:37.3
3536	Diogo Fontelo	5000	VR Lima	82.9	JUV	110	01:44.7	25	305	17:37.6
1181	Pedro Bandeira	5000	Infante	79.8	JM	110	01:46.5	29	289	17:45.6
3035	Paulo Fidalgo	5000	Infante	72.6	JM	105	01:46.7	29	288	17:47.5
4030	Bruno Sousa	5000	Fluvial	78.4	JM	130	01:47.2	26	284	17:52.4
71	Mateus Costa	5000	Fluvial	77.4	JM	130	01:47.6	27	281	17:56.3
4444	Alexandre Lumier	5000	ANL Lisboa	76.2	JM	115	01:47.7	30	280	17:57.3
75	André Malheiro	5000	Fluvial	93.6	JM	130	01:47.9	24	278	17:59.6
2680	Diogo Oliveira	5000	Fluvial	76.8	JM	130	01:48.1	26	277	18:01.2
1826	Pedro Carvalho	5000	Sport CP	67.3	JM	110	01:48.8	27	271	18:08.5
2493	Filipe Carvalho	5000	VR Lima	76.4	JUV	110	01:48.9	26	271	18:09.0
2377	João Soares	5000	Ginásio	70.8	JM	118	01:49.6	29	266	18:10.0
4343	José Canha	5000	Fluvial	70.0	JM	130	01:49.7	25	265	18:17.3
857	Leonardo Gil	5000	Naval	66.7	JM	110	01:50.3	26	260	18:23.9
1405	João Teixeira	5000	Fluvial	69.5	JM	130	01:50.6	25	259	18:26.2
3447	Simão Simões	5000	CN Setubalense	66.4	JM	113	01:50.9	28	257	18:29.0
1995	Miguel Cruz	5000	Fluvial	65.4	JM	130	01:51.3	26	254	18:33.4
3432	Luís Fernandes	5000	Fluvial	6.7	JM	130	01:51.4	26	253	18:34.0
92	Pedro Mateus	5000	Académica	62.1	JUV	110	01:52.1	26	248	18:41.7
2673	Vasco Bessa	5000	Fluvial	69.8	JUV	130	01:53.0	25	242	18:50.3
3515	David Simões	5000	CBMV	76.3	JM	115	01:53.0	26	242	18:50.7
3581	Daniel Mendes	5000	Ginásio	82.4	JM	115	01:53.3	26	240	18:53.7
4166	Edgar Dias	5000	Caminhense	77.9	JM	110	01:54.0	28	236	19:00.1
323	David Bertão	5000	Ginásio	71.4	JM	113	01:54.3	26	234	19:03.0
4217	Roman Nayavko	5000	Ginásio	71.6	JM	116	01:54.4	26	234	19:04.4
4042	Manuel Augusto	5000	CN Setubalense	70.8	JM	113	01:54.5	27	233	19:05.0
3696	Francisco Batista	5000	Académica	59.5	JUV	110	01:54.9	22	231	19:09.3
3362	Rafael Gonçalves	5000	Caminhense	68.0	JM	110	01:54.9	25	230	19:09.7
893	Francisco Ferreira	5000	Académica	59.9	JUV	110	01:56.6	23	226	19:16.8
2215	Pedro Ramalho	5000	Académica	61.5	JUV	110	01:56.3	25	222	19:23.2
406	Cláudia Figueiredo	5000	Cerveira	80.2	JF	110	01:56.9	23	219	19:29.6
3350	Leonardo Gomes	5000	Caminhense	72.5	JM	110	01:56.9	28	219	19:29.8
3360	João Lima	5000	Caminhense	72.6	JM	110	01:56.9	29	219	19:29.8
4216	Ruslan Nayavko	5000	Ginásio	77.6	JM	118	01:57.4	26	216	19:34.8
1917	Francisco Baptista	5000	ANL Lisboa	77.0	JM	115	01:58.0	24	213	19:40.0
3517	Leonardo Cavaleiro	5000	CBMV	68.8	JM	115	01:58.4	25	211	19:44.1
3506	Manuel Cruz	5000	Académica	65.7	JUV	110	01:59.5	25	205	19:55.3
1943	Gonçalo Silva	5000	Académica	73.2	JUV	110	01:59.6	23	204	19:56.8
2359	Catarina Norinho	5000	Naval	63.1	JF 1º	110	02:02.8	26	189	20:28.5
1183	Beatriz Tavares	5000	Infante	68.3	JUV	95	02:03.5	25	186	20:35.0
3354	Ana Silva	5000	Caminhense	66.3	JF	110	02:04.2	28	183	20:42.1
4172	Mafalda Ferreira	5000	Infante	54.2	JF	104	02:05.0	27	179	20:50.0
1656	Sara Silva	5000	Académica	60.1	JF	109	02:05.5	25	177	20:55.5
3664	Carolina Carvalho	5000	Académica	58.9	JF	109	02:05.6	26	176	20:55.6
1139	Núria Almeida	5000	Fluvial	57.5	JUV	130	02:08.4	26	165	21:24.1
3512	Taisiya Sazonova	5000	Académica	63.2	JF	112	02:09.9	24	164	21:26.5
3566	Maria Piedade	5000	Académica	71.7	JF	162	02:09.3	27	162	21:33.4
1145	Antónia Fernandes	5000	Fluvial	60.5	JF	116	02:09.5	26	161	21:35.6
2472	Bárbara Marques	5000	Galitos	71.5	JF	112	02:09.9	25	160	21:39.3
3356	Marta Brito	5000	Caminhense	68.7	JUV	110	02:10.0	27	152	22:00.6
3663	Ana Freire	5000	CBMV	51.6	JF	110	02:22.1	26	122	23:41.0
720	Ricardo Paula	10000	Académica	97.8	M	132	01:41.3	28	336	33:46.9
390	Nuno Mendes	10000	Sporting	71.7	LM	125	01:42.5	28	324	34:11.5
904	Carlos Cruz	10000	VR Lima	74.2	LM	110	01:43.0	29	320	34:20.3
1054	Nuno Coelho	10000	Fluvial	74.7	LM	120	01:43.6	29	314	34:32.6
914	Ricardo Russo	10000	ANL Lisboa	75.0	LM	120	01:44.8	26	304	34:56.1
1360	Afonso Costa	10000	CN Setubalense	72.1	BLM	113	01:44.8	31	304	34:57.3
1428	João Oliveira	10000	Galitos	72.3	BLM	120	01:45.1	29	301	35:02.2
488	Diogo Coelho	10000	Sport CP	71.1	BLM	120	01:45.2	29	300	35:05.6
853	Diogo Almeida	10000	Infante	74.5	BLM	120	01:46.7	32	288	35:34.0
49	Manuel Pita	10000	ANL Lisboa	73.0	LM	112	01:47.2	26	284	35:45.2
1359	Dinis Costa	10000	CN Setubalense	68.6	BLM	117	01:47.2	29	283	35:45.6
849	Eduardo Sousa	10000	Académica	69.1	BLM	111	01:47.7	27	280	35:55.1
4364	Miguel Duarte	10000	ANL Lisboa	65.3	LM	120	01:47.9	28	278	35:59.8

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604	Duarte Pinheiro	10000	Infante	73.7	BLM	115	01:48.0	26	278	36:00.4
3805	Henrique Moreira	10000	Galitos	71.9	LM	115	01:48.3	29	275	36:07.1
79	Pedro Menezes	10000	Infante	71.2	BLM	110	01:48.3	30	275	36:07.8
2388	Eduardo Vieira	10000	CP Cacia	73.1	BLM	115	01:51.4	25	253	37:09.8
906	Américo Pereira	10000	VR Lima	75.0	LM	110	01:51.9	28	250	37:18.6
1086	Joana Branco	10000	Sport CP	61.6	LW	108	01:59.7	26	204	39:54.6
110	Inês Oliveira	10000	Sport CP	57.2	BLW	110	02:00.4	26	200	40:08.5
3329	Rita Pape	10000	ANL Lisboa	61.6	LW	110	02:02.8	22	189	40:57.2
2679	Gonçalo Guedes	5000	Fluvial		JM		AM			AM
575	João Vaz	5000	Galitos		JM		AM			AM
1150	Gonçalo Mesquita	5000	Fluvial		JM		AM			AM
57	Gonçalo Delgado	10000	Académica		BM		AM			AM
362	Pedro Fraga	10000	Sporting		LM		AM			AM
2107	Inês Santos	5000	Fluvial	67.1	JUV	130	DNF			DNF
155	Ana Borlido	5000	VR Lima	60.8	JF	110	DNF			DNF
3327	João Catarino	5000	Galitos		JM		DNF			DNF
3715	Gonçalo Dias	5000	VR Lima	63.4	JUV	110	DNF			DNF
17	Tiago Susano	10000	Académica	82.5	BM		DNF			DNF
340	Paulo Veloso	10000	Fluvial	76.1	BLM	120	DNF			DNF
603	Tiago Costa	10000	Infante	75.0	BLM	105	DNF			DNF
1621	Rodrigo Romão	10000	Vilacondense	69.3	BLM	120	DNF			DNF